

## Foreword from the editor-in-chief

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This issue of the eJIFCC incorporates the second part of a series of manuscripts that were presented at the conference entitled “**Laboratory medicine: meeting the needs of the Mediterranean nations**”.

The conference was held in Rome, between July 2-4, 2018, with professor Sergio Bernardini as the Conference President.

This issue is part 2 of a two-part series, and contains articles covering the following sections:

- Improving efficiency in laboratory medicine;
- Perinatal and pregnancy laboratory medicine; and
- Mediterranean diet and the area’s specific diseases.

*János Kappelmayr*  
Editor