



Increasing Clinical Effectiveness (ICE)

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- Introduction (5 min)
- The Increasing Clinical Effectiveness (ICE) Award (10 min)
- Discussion on how IFCC can promote the ICE Award (5 min)
- A possible IFCC initiative on clinical effectiveness (5 min)
- Discussion on possible IFCC initiative (15 min)

Introduction -1



- Laboratory medicine specialists and their partners in the diagnostics industry have been successful in enabling high quality, low cost diagnostics.
- Whilst this achievement is commendable and generally good for patients there is a downside. Unthinking clinicians can use a 'scattergun' approach to investigation, which can result in:
 - A high percentage of unnecessary tests (over-diagnosis)
 - Perception that the laboratory is a 'factory' not a clinical specialty
 - Rising costs for the clinical laboratory
 - Challenges in introducing new, specialist, 'high cost' investigations

Introduction -2



- Today laboratory medicine specialists recognise the need for a more discriminatory and evidence-based approach:
 - Workload management (laboratory utilisation in some countries)
 - Education of clinicians on appropriate use of the laboratory
 - Initiatives to demonstrate the clinical effectiveness of appropriate laboratory investigations
- IFCC has committed to two clinical effectiveness projects:
 - Partners in the ICE Award
 - An IFCC-led initiative on a standard approach to demonstrating clinical effectiveness



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The ICE Award



An initiative of the Clinical Laboratory Management Association (CLMA) in collaboration with a number of partners – one of which is IFCC



- ICE has been launched to encourage laboratory medicine specialists to collaborate with clinical colleagues to demonstrate that optimal use of the laboratory can have a measurable positive impact on patient outcomes.
- ICE is open to any laboratory medicine specialist. He/she is invited to submit an abstract that describes testing-related interventions and the quantifiable positive impact for patients that they produced.



- Abstracts should be a maximum of 750 words and comprise:
 - Statement of problem and background (goal, context, rationale)
 - Intervention/study plan/measures (intervention choice, study design, measure appropriateness)
 - Data analysis and results (actual data, quality assessment of data, data Interpretation, limitations, findings)
 - Discussion and lessons learned (conclusions, generalizability, implications for others)
- Information and advice available from <u>www.clma.org/ICE</u>

- Abstracts are scored according to a published scoresheet by independent experts
- All abstracts that meet minimum requirements are invited to display posters at a relevant scientific congress
- The winning abstract(s) are presented as oral communications at a relevant scientific congress. Speaker benefits are provided.



INCREASING CLINICAL EFFECTIVENESS

Shifting Our Focus Beyond the Laboratory



- ICE Award 2015/16 closing date 11 December 2015
 - 23 abstracts from 8 countries
 - US 9; UK 5; Italy 2; Turkey 2; Ethiopia 2; Canada 1; India 1; Uganda 1
 - Assessed by 8 experts
 - 13 met minimum requirements
 - 3 winners identified



- ICE Award Winners 2015/16
 - "High sensitivity cardiac troponin I enables early, safe discharge of patients". Royal Wolverhampton NHS Trust, UK (Clare Ford)
 - "Improving stat 'Protime' turnaround to improve emergency department patient throughput". Kaiser Permanente South Sacramento Medical Center, US (Susan Traub)
 - "Gene Expert MTB/RIF assay for the diagnosis for smear negative pulmonary tuberculosis". Jimma University, Jimma, Ethiopia (Mulualem Tadesse)
- Presentations will be made at CLMA 'Knowledge Lab 2016'
 - March 20 -23 in Orlando, Florida



- ICE Award 2016/17
 - Abstract submission will open June 2016
 - Abstract submission will close mid-November 2016
 - Winners will be announced in January 2017
- Presentations of two winners will be made at EuroMedLab Athens 2017 as part of an IFCC symposium on 'Increasing Clinical Effectiveness'

NOW is a good time to be promoting the Award



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How can IFCC promote the ICE Award?



- Article on 2015/16 Award in IFCC e-News April
- Announcement of abstract submission opening date:
 - IFCC News June
 - Letter to IFCC National representatives June
- Other suggestions discuss!



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Possible IFCC Clinical Effectiveness Project



Concept: 'A growing clinical effectiveness library'

Clinical effectiveness of laboratory medicine

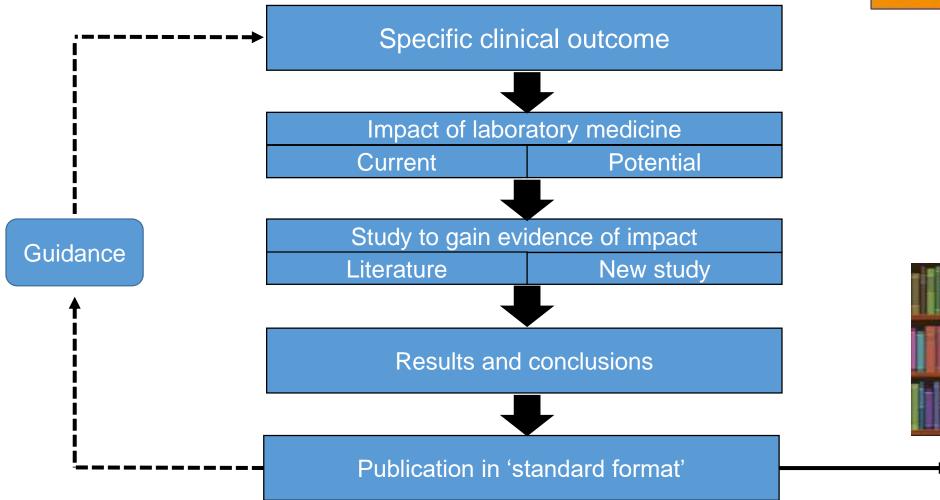




Clinical effectiveness library: Concept



Library



Steps to a clinical effectiveness library



- Recruit volunteers interested in project
 - Identify a project lead
 - Identify facilitators and authors
- Prepare a 'how to' guide
 - Standard format for performing and reporting studies
 - Starting point is a single, measurable, clinical outcome
 - End point is an article (? & webinar) in standard format
- Decide where library should be based
- Obtain resources for short- and long-term needs





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Clinical effectiveness library: Discussion



- What do you think of the concept?
 - How would you improve it?
- How do we identify interested people?
- What are the key components of the 'how to' guide?
- Where should we publish?
- What resources are needed:
 - Short term?
 - Long term ?
- Other comments?