

# Precision, Personalized and Stratified Medicine

*Central role of Lab Medicine in its development and clinical utilization*

**Where do we stand, where can we go?**

# Pharmacogenetics



DNA analysis  
to **explain/** to **predict**  
the response of to drug therapy

Personalized Medicine

# Precision Medicine



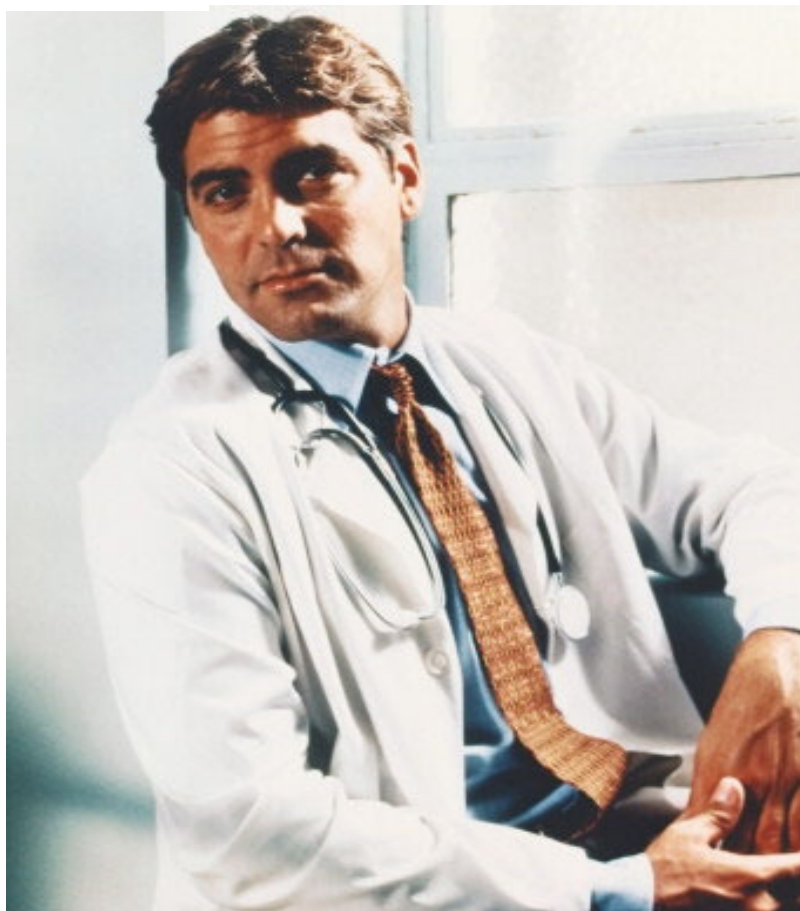
*Tonight (Jan 2015)  
I am launching the  
Precision Medicine  
Initiative: \$215.000.000  
(State of the Union)*

DRUGS USED TO BE  
DESIGNED WITH THE  
PATIENT IN MIND  
DESIGNED TO BE  
TAILORED TO SPECIFIC  
GENES, MICROBES, AND  
ENVIRONMENTAL  
SITUATION

#AmericaLeads

SOURCE: HHS

A graphic featuring a blue-tinted human head in profile, with a glowing DNA double helix structure inside the brain area. The background is dark with some faint text. The text 'DRUGS USED TO BE DESIGNED WITH THE PATIENT IN MIND' is at the top, and 'DESIGNED TO BE TAILORED TO SPECIFIC GENES, MICROBES, AND ENVIRONMENTAL SITUATION' is below it. At the bottom left is '#AmericaLeads' and at the bottom right is 'SOURCE: HHS'.

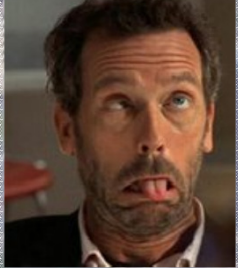
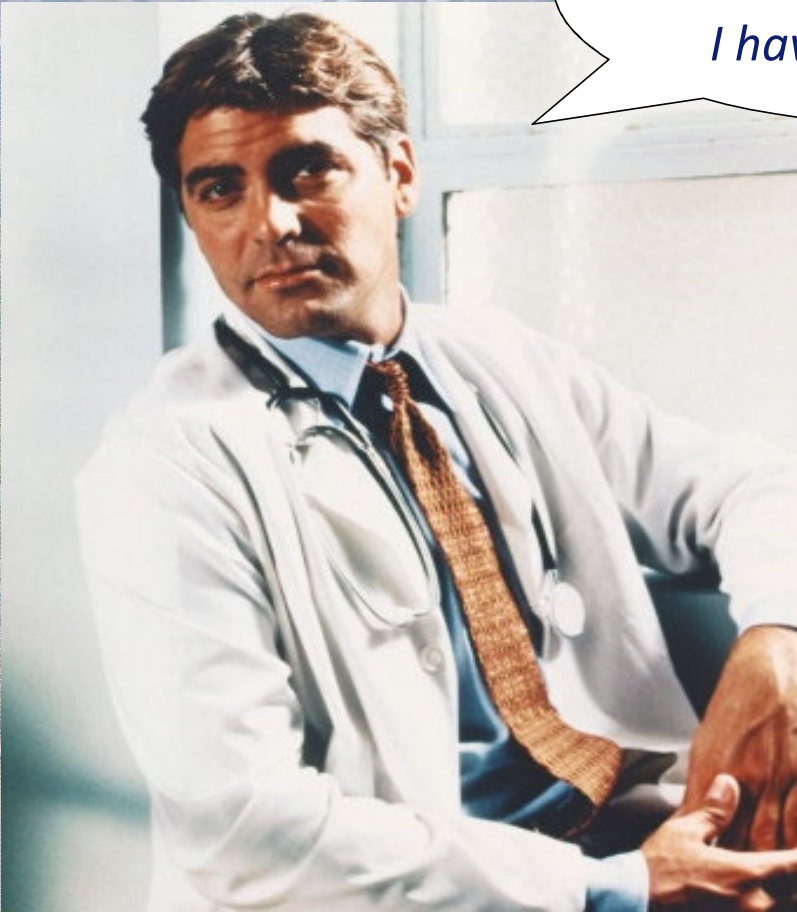


## *Pharmacogenetics*

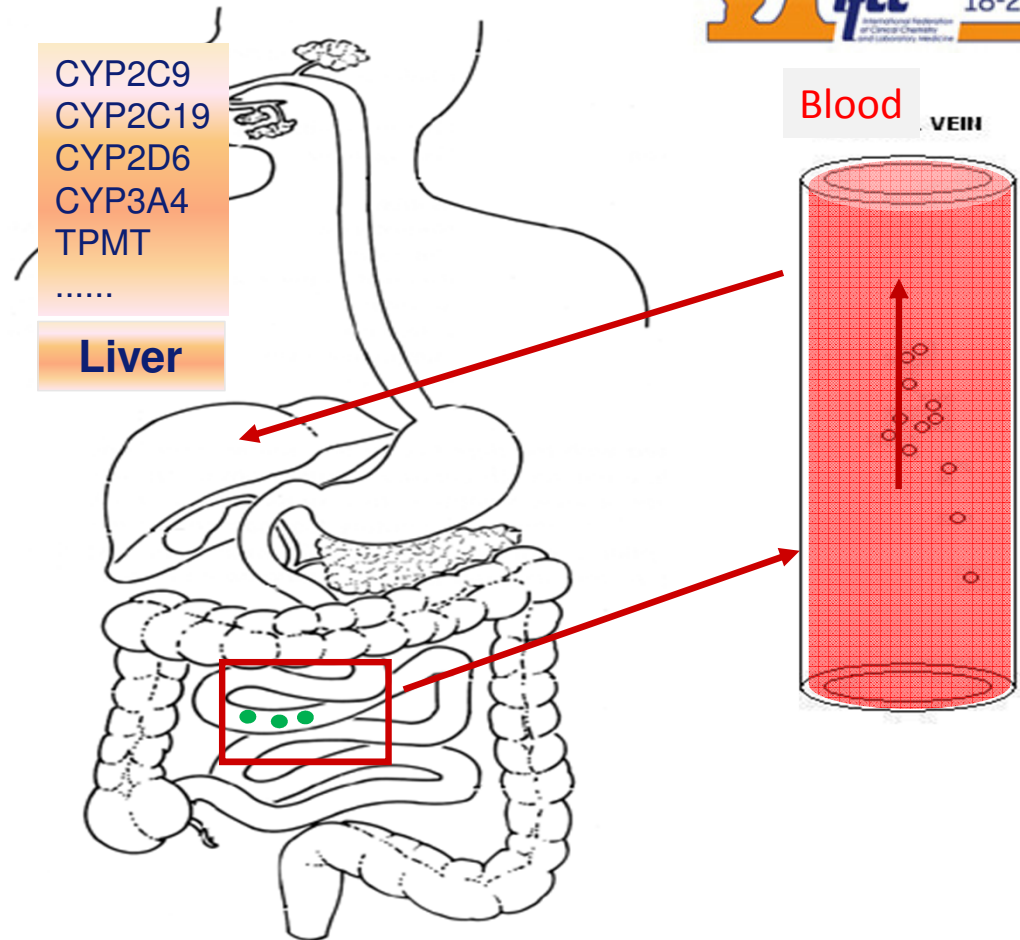
*Can YOU still do  
without.....?*

Off course,  
Because I have been working without  
pharmacogenetics for years!

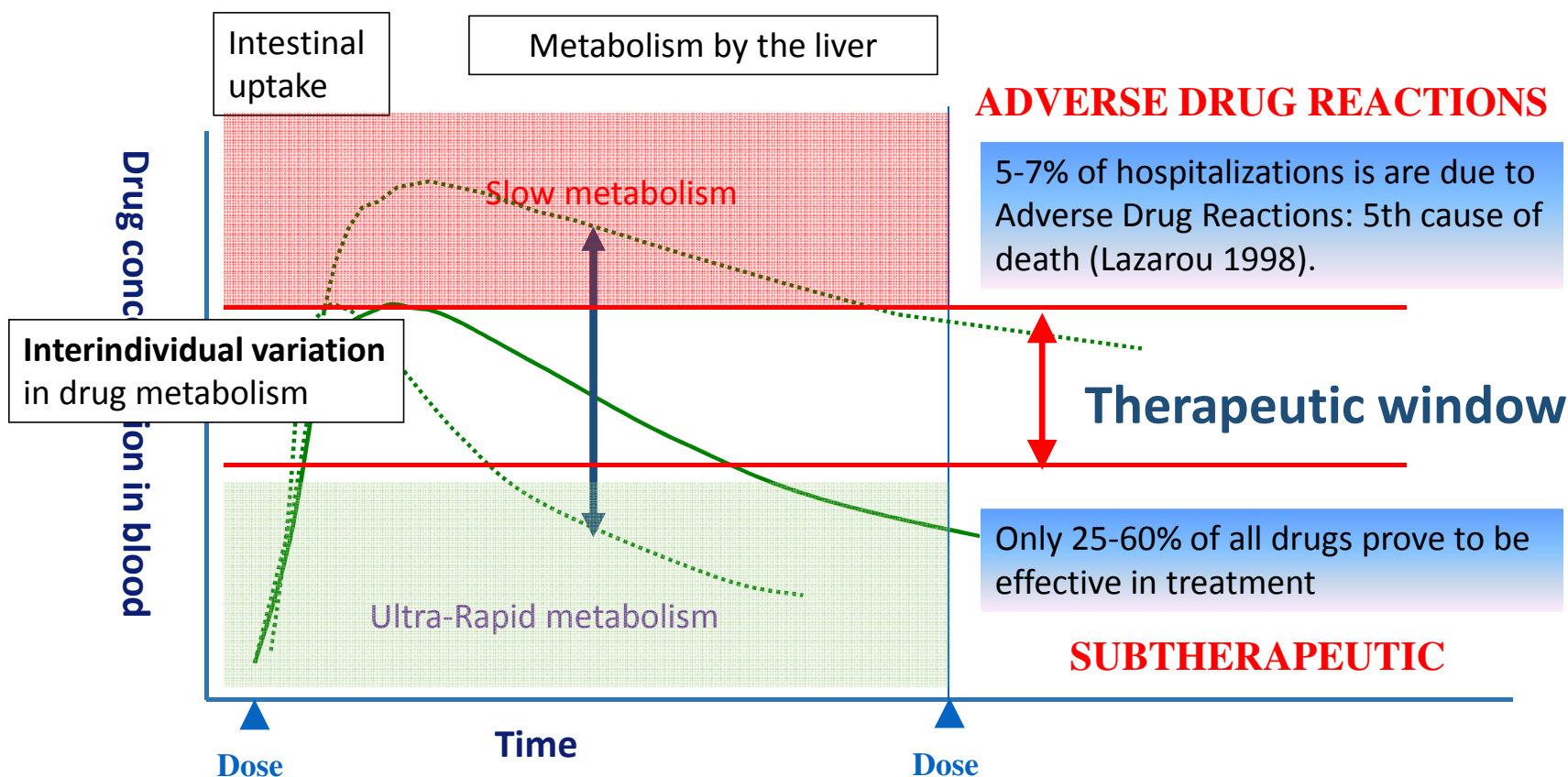
*Prof van Schaik,  
I have a problem....*

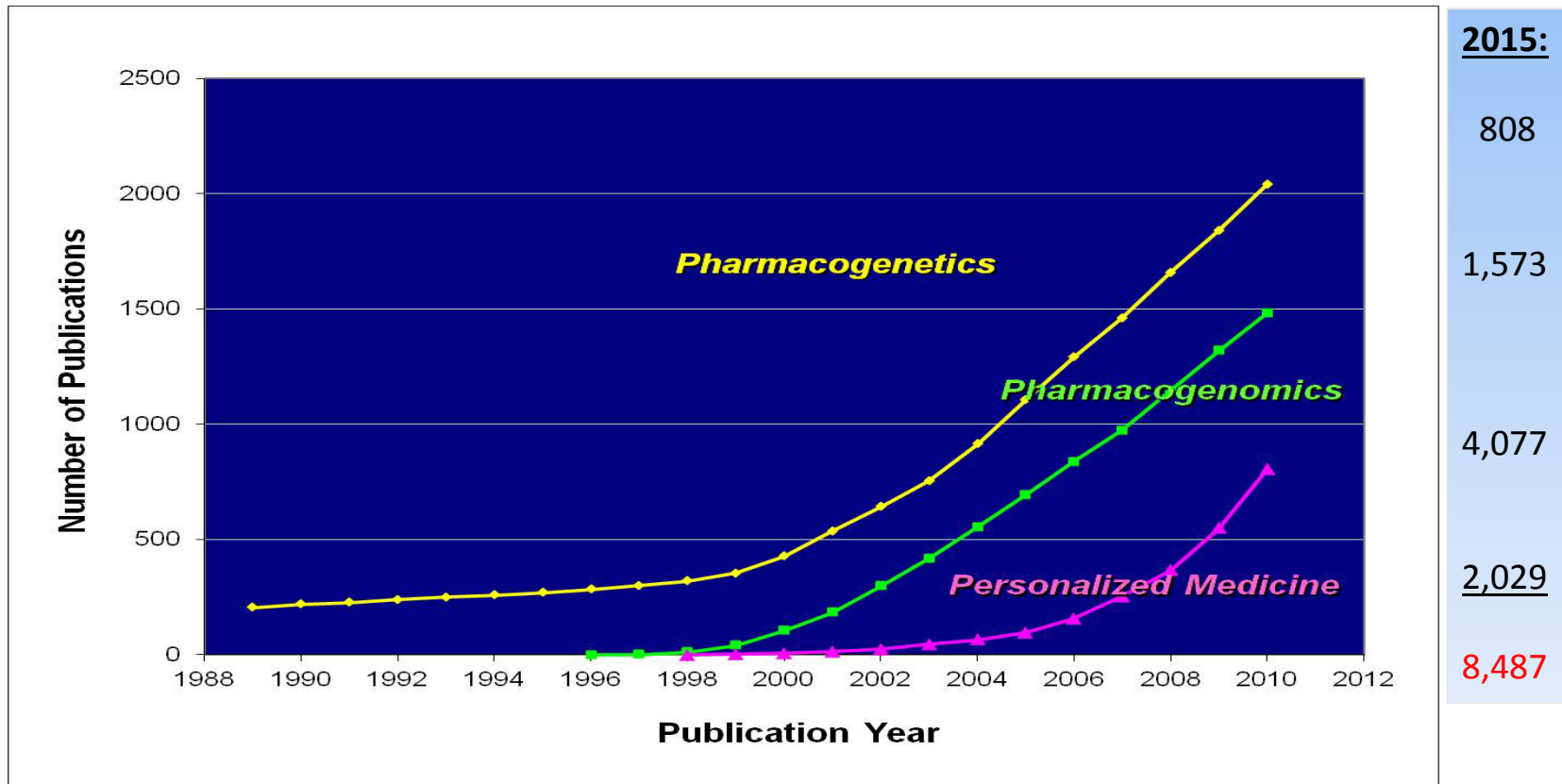


# Metabolism of drugs



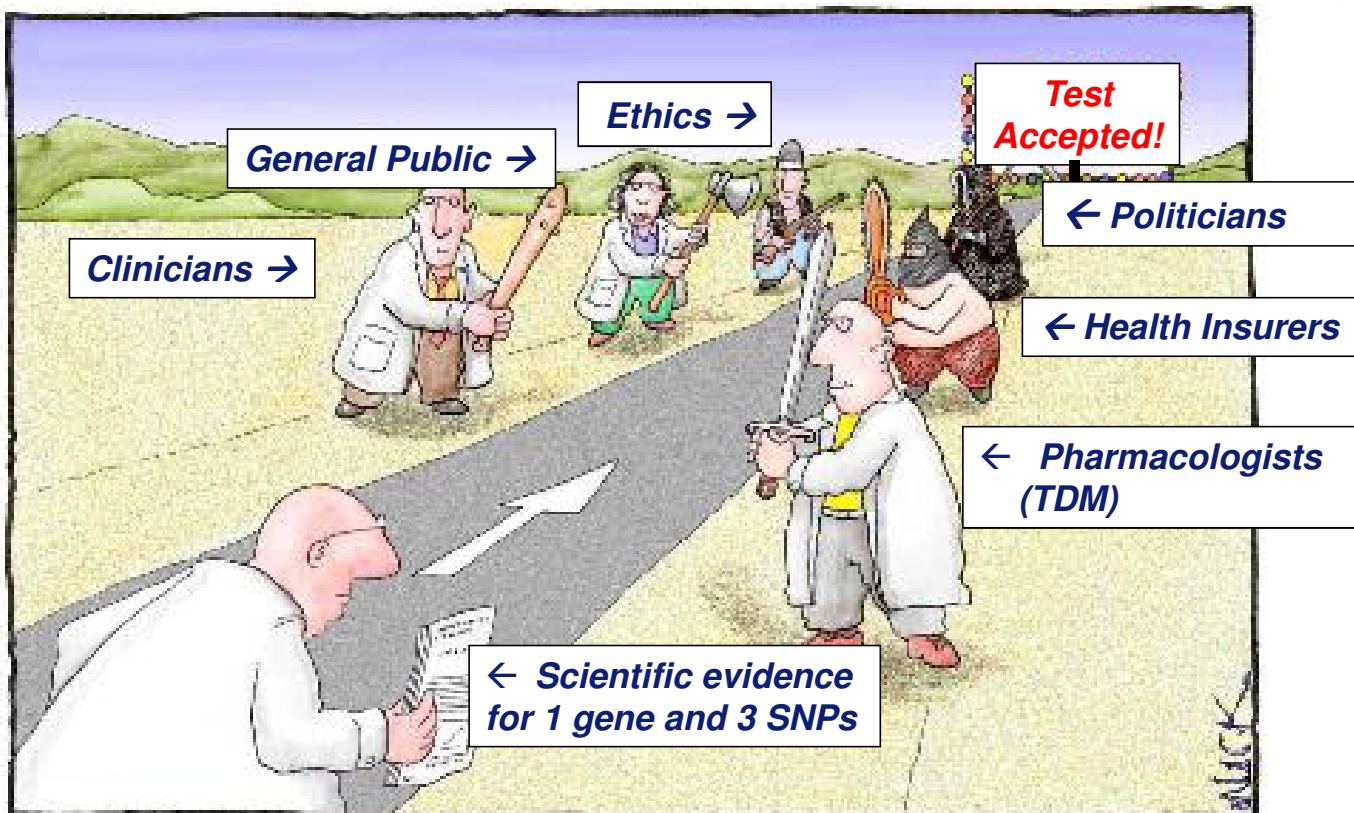
# Metabolism of drugs

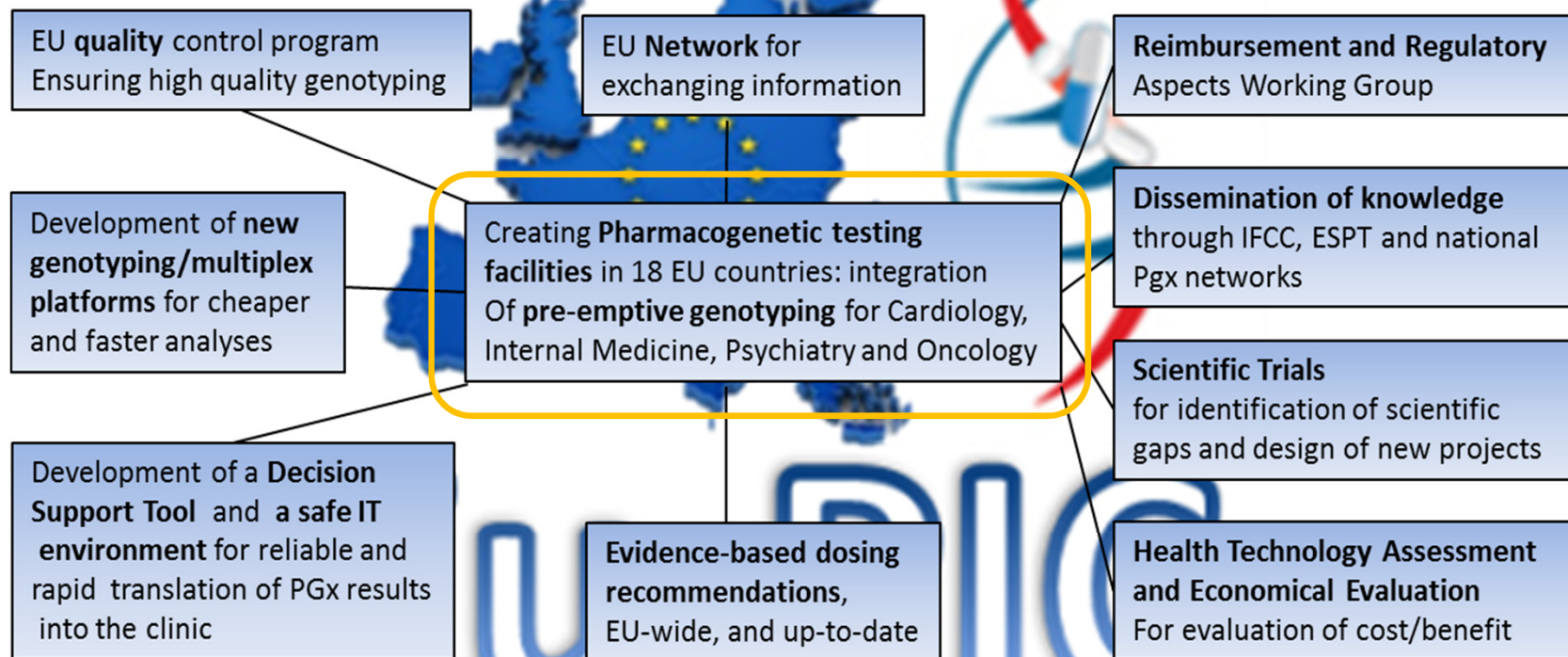






# Pharmacogenomics: Can we make it happen?





18 countries  
37 institutes  
106 participants

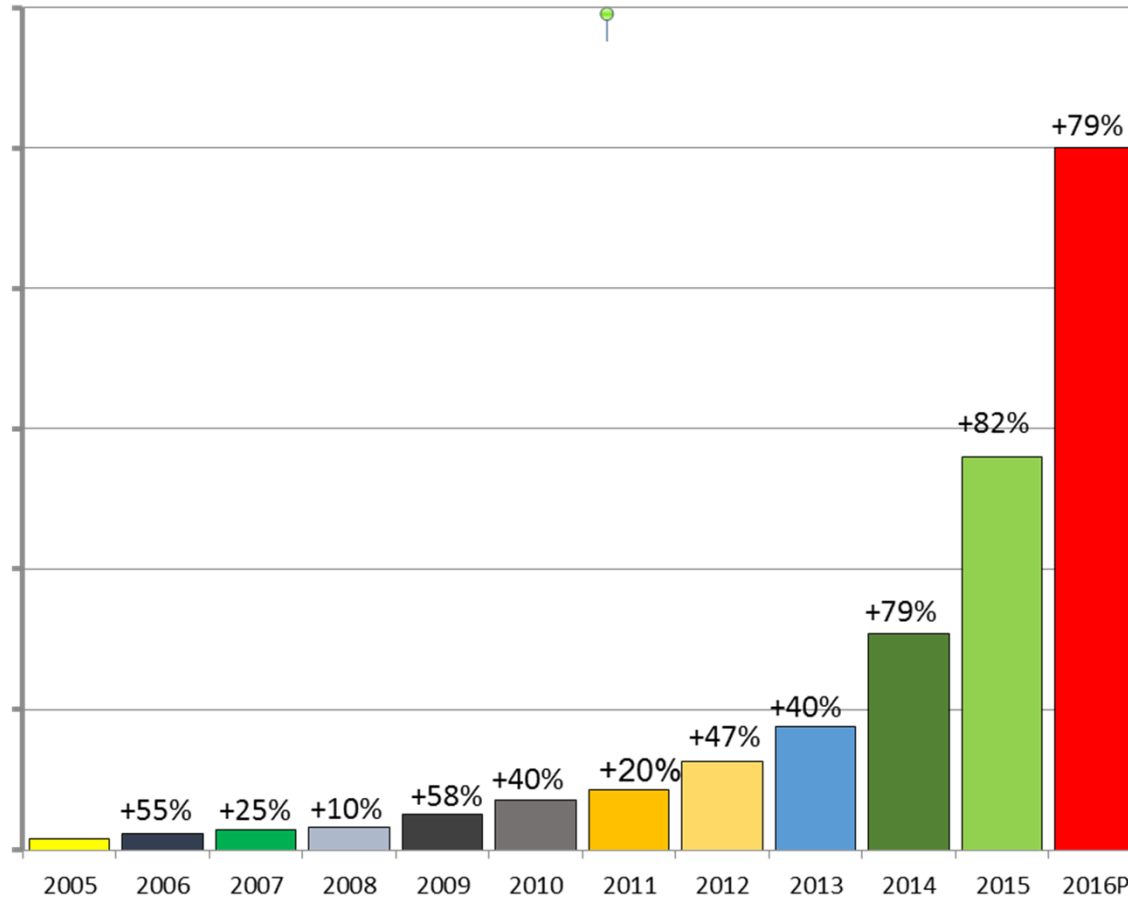


**PGx Diagnostics**

1. Netherlands
2. Austria
3. Belgium
4. Denmark
5. Finland
6. France
7. Germany
8. Greece
9. Hungary
10. Italy
11. Luxemburg
12. Portugal
13. Serbia
14. Slovenia
15. Sweden
16. Switzerland
17. Turkey
18. United Kingdom

## PGx request at Erasmus MC

Number of test requests



**Erasmus MC**  
*Uitsluitend voor gebruik bij patiënten*

**Afdeling Klinische Chemie**  
 Prof. Dr. R.H.N. van Schaik, Prof. Dr. T. van Gelder, Dr. S. Hill, Dr. B. Koch  
 Interdisciplinair Expertisecentrum Farmacogenetica  
 Afdeling Klinische Chemie (N0-415)  
 Erasmus MC, Postbus 2040, 3000 CA Rotterdam  
 T 010-303 393 | E r.vanschaik@erasmusmc.nl  
 www.erasmusmc.nl/farmacogenetica | www.farmacogenetica.nl

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**Patiënt:**  M  V

Naam, voorletters

BSN nummer  Geboortedatum

Postcode en plaats

Huisarts  Plaats

Apotheek  Plaats

Uw referentie  Afnamedatum

Geneesmiddel + dosering:

Bloedspiegel:

Co-medicatie:

Overige opmerkingen:

**Pakketten:**

DNA Paspoort - Basis (CYP2C9, CYP2C19, CYP2D6, CYP3A4, VKORC1, )  
 DNA Paspoort - Uitgebreid (CYP1A2, CYP2B6, CYP2C19, CYP2D6, CYP3A4, CYP3A5, VKORC1, SLCO1B1)  
 Psychiatrie Panel (CYP2C9, CYP2C19, CYP2D6, CYP3A4)  
 Cardiac Panel (CYP2C9, CYP2C19, CYP2D6, VKORC1, SLCO1B1, ABCB1)  
 Pijn Panel (CYP2C9, CYP2D6, OPRM1, COMT)  
 Oncologie Panel (CYP2D6, DPYD)

**Individuele bepalingen:**

**CYTOCHROMEN:**

CYP1A2  CYP3A4  
 CYP2B6  CYP3A5  
 CYP2C8  CYP3A7  
 CYP2C9   
 CYP2C19   
 CYP2D6  Onbekend

**OVERIGE ENZYMEN:**

BChE, pseudocholinesterase  
 DPYD  
 TPMT  
 UGT1A1  
 UGT1A9

**TRANSPORTERS:**

ABCB1  
 ABCC2  
 ABCG2  
 SLCO1B1

**HLA-markers\*:**

HLA-A\*3101  
 HLA-B\*1502  
 HLA-B\*5701

**Overig:**

VKORC1

**Individuele bepalingen:**

**CYTOCHROMEN:**

CYP1A2  CYP2A4  BChE  
 CYP2B6  CYP3A5  DPYD  
 CYP2C8  CYP3A7  TPMT  
 CYP2C9    UGT1A1  
 CYP2C19    UGT1A9  
 CYP2D6  Onbekend      VKORC1

NB: EDTA-buis (tenminste 4 ml). Na afname EDTA volbloed maximaal vijf dagen bewaren bij 4°C (niet invriezen). EDTA-volbloed verzenden bij kamertemperatuur.  
 Verzendadres: Erasmus MC, Afdeling Klinische Chemie (AKC) N0-415, Postbus 2040 3000CA Rotterdam

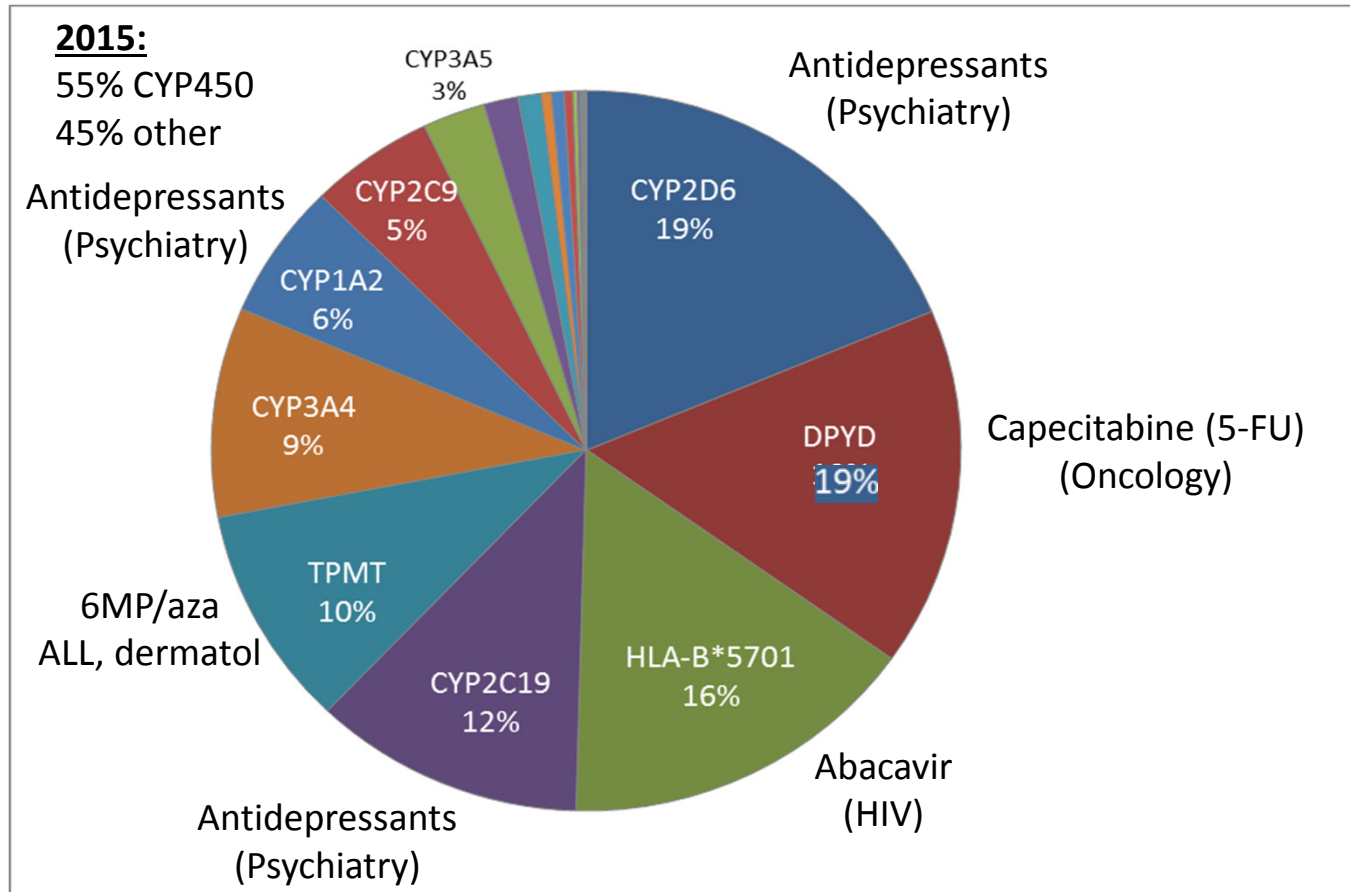
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- DNA Paspoort - Uitgebreid (CYP1A2, CYP2B6, CYP2C19, CYP2D6, CYP3A4, CYP3A5, VKORC1, SLCO1B1)
- Psychiatrie Panel (CYP2C9, CYP2C19, CYP2D6, CYP3A4)
- Cardiac Panel (CYP2C9, CYP2C19, CYP2D6, VKORC1, SLCO1B1, ABCB1)
- Pijn Panel (CYP2C9, CYP2D6, OPRM1, COMT)
- Oncologie Panel (CYP2D6, DPYD)

**Individuele bepalingen:**

<b>CYTOCHROMEN:</b>	<b>OVERIGE ENZYMEN:</b>	<b>TRANSPORTERS:</b>	<b>HLA-markers*:</b>
<input type="checkbox"/> CYP1A2 <input type="checkbox"/> CYP3A4	<input type="checkbox"/> BChE, pseudocholinesterase <input type="checkbox"/> ABCB1	<input type="checkbox"/> ABCB1	<input type="checkbox"/> HLA-A*3101
<input type="checkbox"/> CYP2B6 <input type="checkbox"/> CYP3A5	<input type="checkbox"/> DPYD	<input type="checkbox"/> ABCC2	<input type="checkbox"/> HLA-B*1502
<input type="checkbox"/> CYP2C8 <input type="checkbox"/> CYP3A7	<input type="checkbox"/> TPMT	<input type="checkbox"/> ABCG2	<input type="checkbox"/> HLA-B*5701
<input type="checkbox"/> CYP2C9 <input type="text"/>	<input type="checkbox"/> UGT1A1	<input type="checkbox"/> SLCO1B1	
<input type="checkbox"/> CYP2C19 <input type="text"/>	<input type="checkbox"/> UGT1A9	<input type="checkbox"/> <input type="text"/>	<b>Overig:</b>
<input type="checkbox"/> CYP2D6 <input type="checkbox"/> Onbekend	<input type="checkbox"/> <input type="text"/>	<input type="checkbox"/> <input type="text"/>	<input type="checkbox"/> VKORC1

# PGx test distribution at Erasmus MC



Erasmus MC  
Afdeling Klinische Chemie

**Patiënt:**

Naam, voornamletters  M  V  OV

BN nummer  Geboortedatum

Postcode en plaats

Huisarts  Plaats

Apotheek  Plaats

Uw referentie  Afname datum

Geneesmiddel + dosering:

Bloedspiegel:

Co-medicatie:

Overige opmerkingen:

**Aanvrager:**  Speed

Ziekenhuis / Huisarts / Apotheek

Adres

Postcode en plaats

Aanvrager arts  ACB code

Afdeling

Telefoon  Faxnummer

**Reden aanvraag:**

Voor start therapie

Ongewoon hoge bloedspiegels

Ongewoon lage bloedspiegels

Geen effect

Bijwerkingen, namelijk:

**Pakketten:**

DNA Paspoort - Basis (CYP2C9, CYP2C19, CYP2D6, CYP3A4, VKORC1)

DNA Paspoort - Uitgebreid (CYP2D6, CYP2B6, CYP2C9, CYP2D6, CYP3A4, CYP3A5, VKORC1, SLC6B1)

Psychiatrische Panel (CYP2C9, CYP2C19, CYP2D6, CYP3A4)

Cardiac Panel (CYP2C9, CYP2C19, CYP2D6, VKORC1, SLC6B1, ABCB1)

Pip Panel (CYP2C9, CYP2D6, OPRM1, COMT)

Oncologie Panel (CYP2D6, DPYD)

**Individuele bepalingen:**

CYTOCHROMEN:	OVERIGE ENZYMEN:	TRANSPORTERS:	HLA-markers:
<input type="checkbox"/> CYP2A2	<input type="checkbox"/> CYP3A4	<input type="checkbox"/> BCRP_pseudobulboretense	<input type="checkbox"/> ABCB1
<input type="checkbox"/> CYP2B6	<input type="checkbox"/> CYP3A5	<input type="checkbox"/> DPYD	<input type="checkbox"/> ABCC2
<input type="checkbox"/> CYP2C8	<input type="checkbox"/> CYP3A7	<input type="checkbox"/> TPMT	<input type="checkbox"/> ABCG2
<input type="checkbox"/> CYP2C9	<input type="checkbox"/>	<input type="checkbox"/> UGT1A1	<input type="checkbox"/> SLC6B1
<input type="checkbox"/> CYP2C19	<input type="checkbox"/>	<input type="checkbox"/> UGT1A3	<input type="checkbox"/>
<input type="checkbox"/> CYP2D6	<input type="checkbox"/> Onbekend	<input type="checkbox"/>	<input type="checkbox"/> Overig: <input type="text"/>

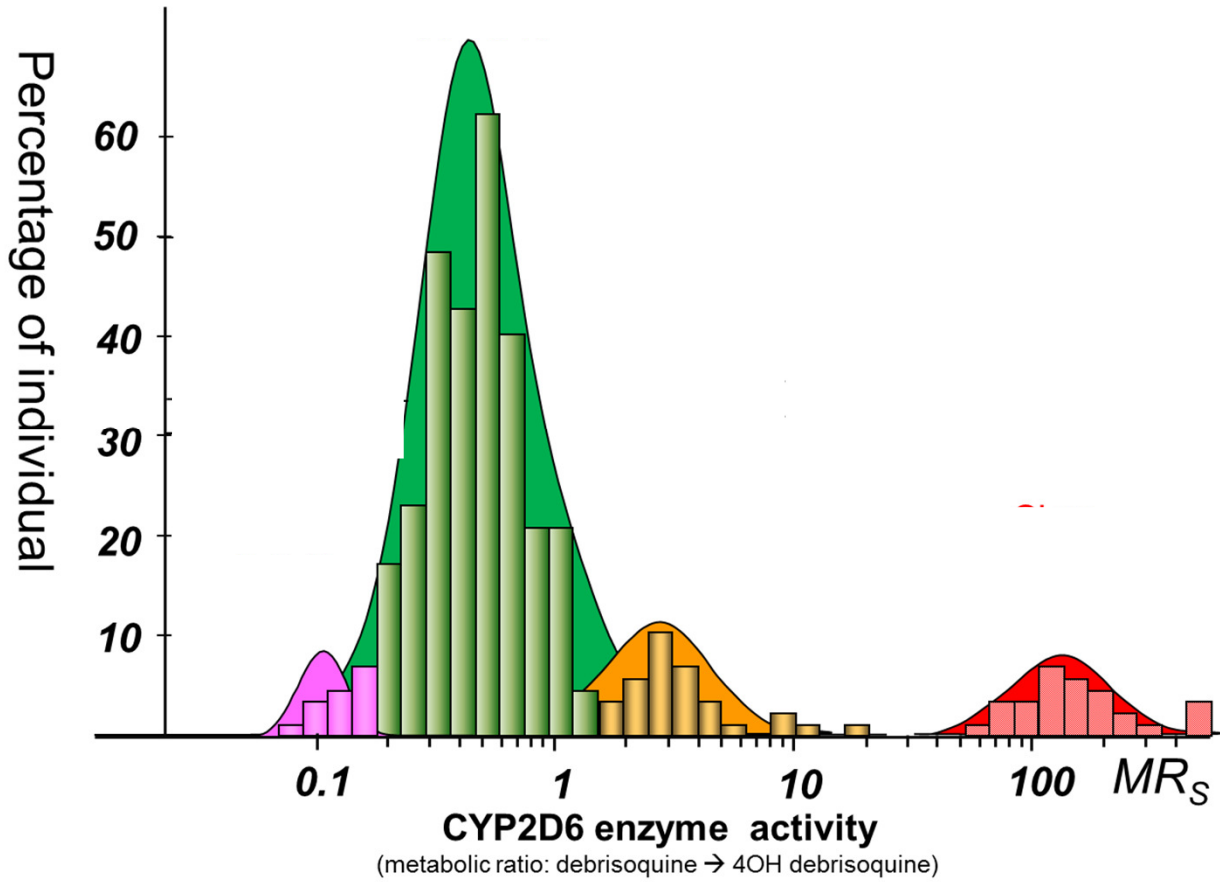
NB: EDTA-buis benutten; a/n: Na afname EDTA-voedmiddel maximaal 15 dagen bewaren bij 4°C (niet invriezen); EDTA-voedmiddel versenden bij kamertemperatuur.

Verzendadres: Erasmus MC, Afdeling Klinische Chemie (ACC) Ni-42, Postbus 2040 3000 CA Rotterdam

# CYP2D6 activity distribution

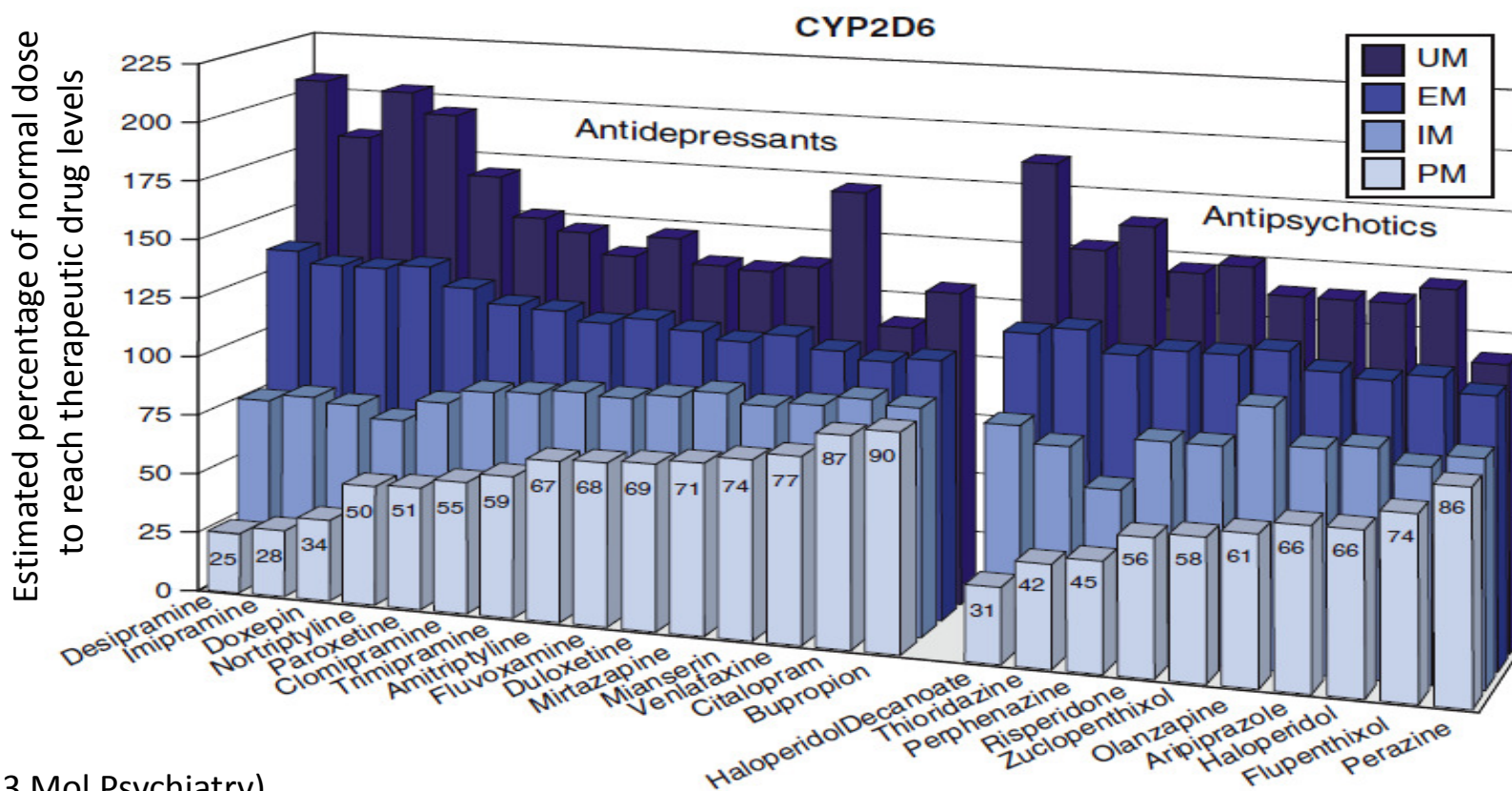


u10757226 fotosearch.com ©



(Slide (adapted) ;courtesy of M. Schwab)

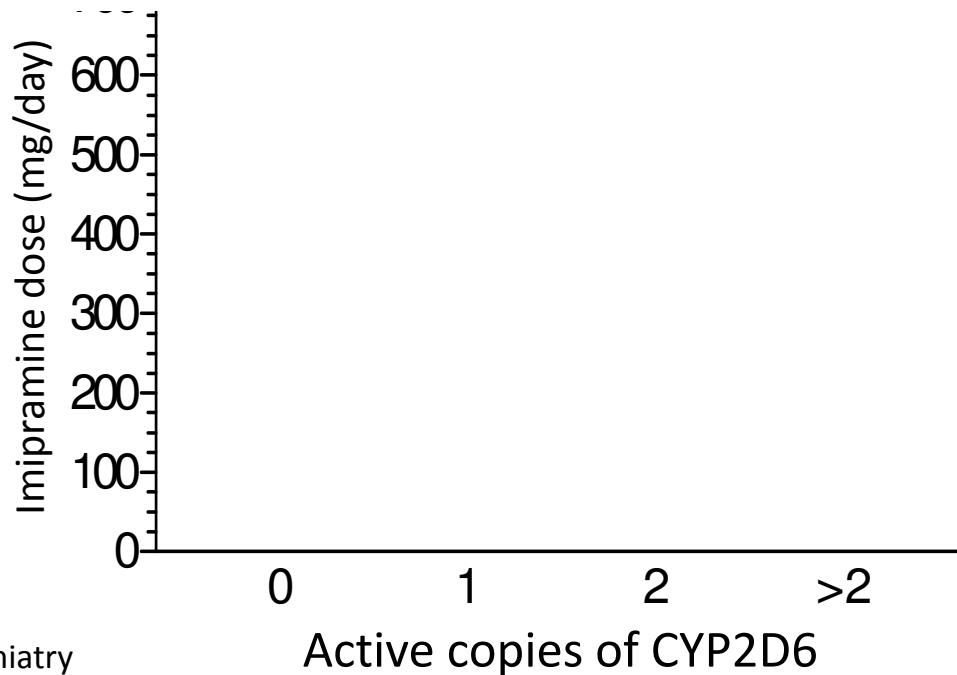
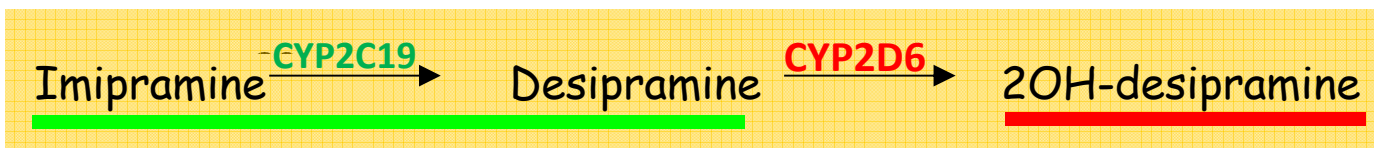
# CYP2D6 and psychoactive drugs



(Stingl 2013 Mol Psychiatry)

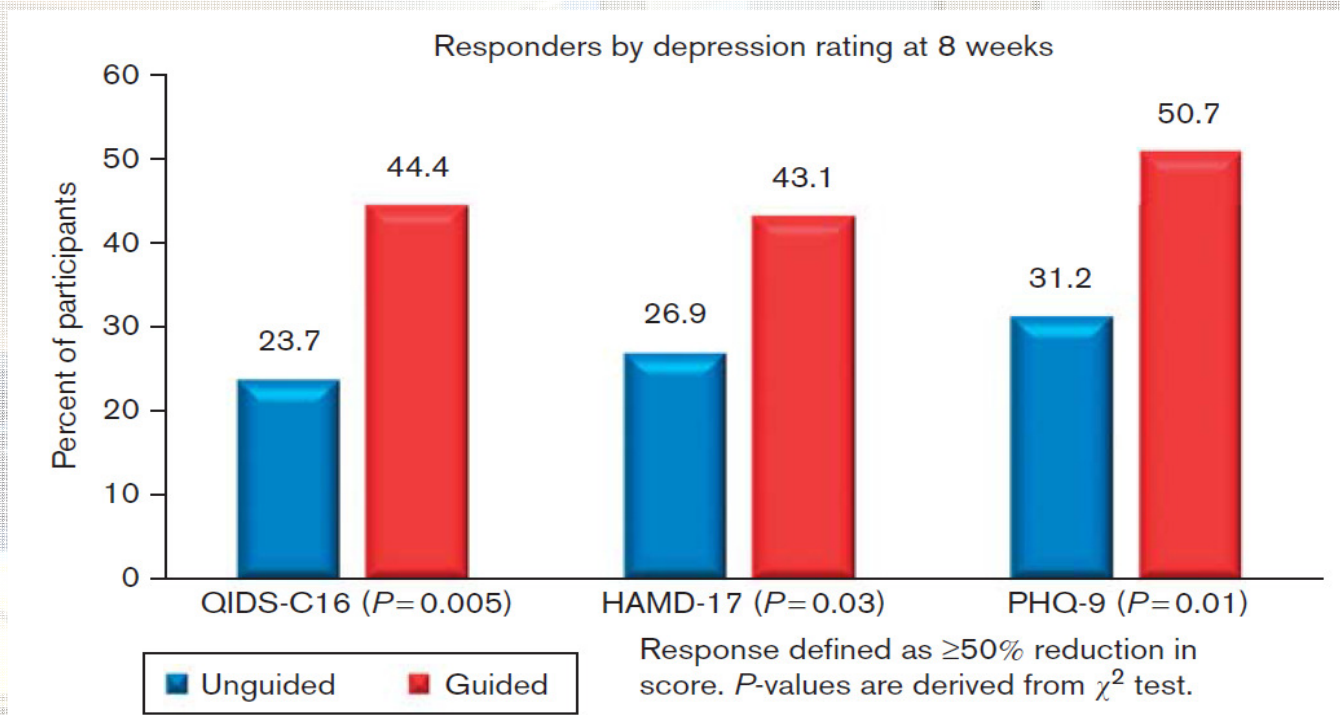


# Imipramine metabolism

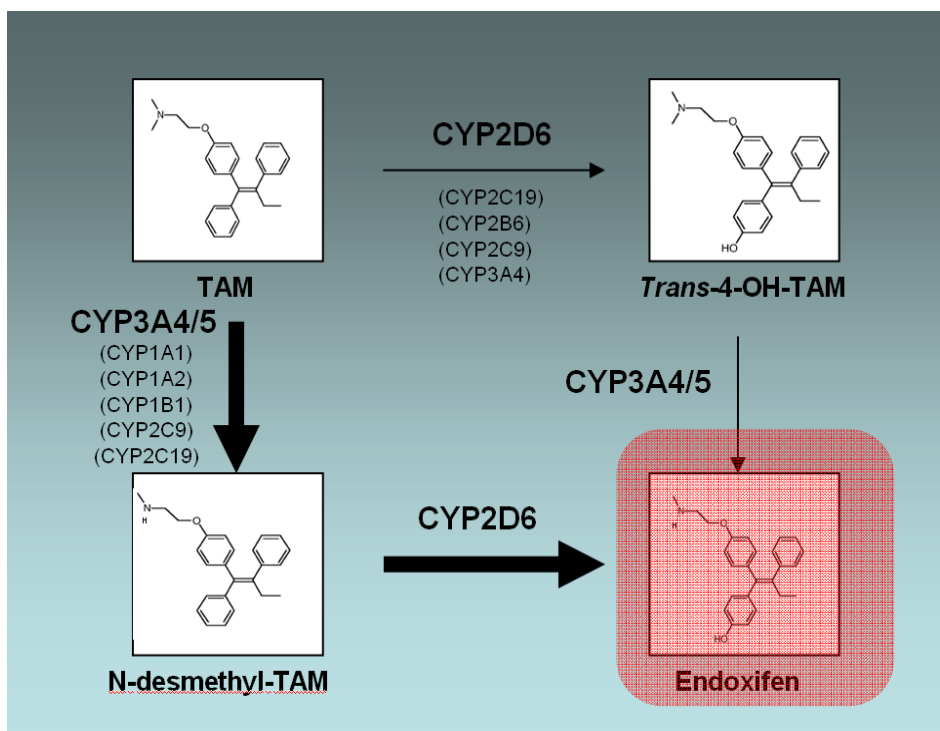


Paul Schenk et al 2008 Mol Psychiatry

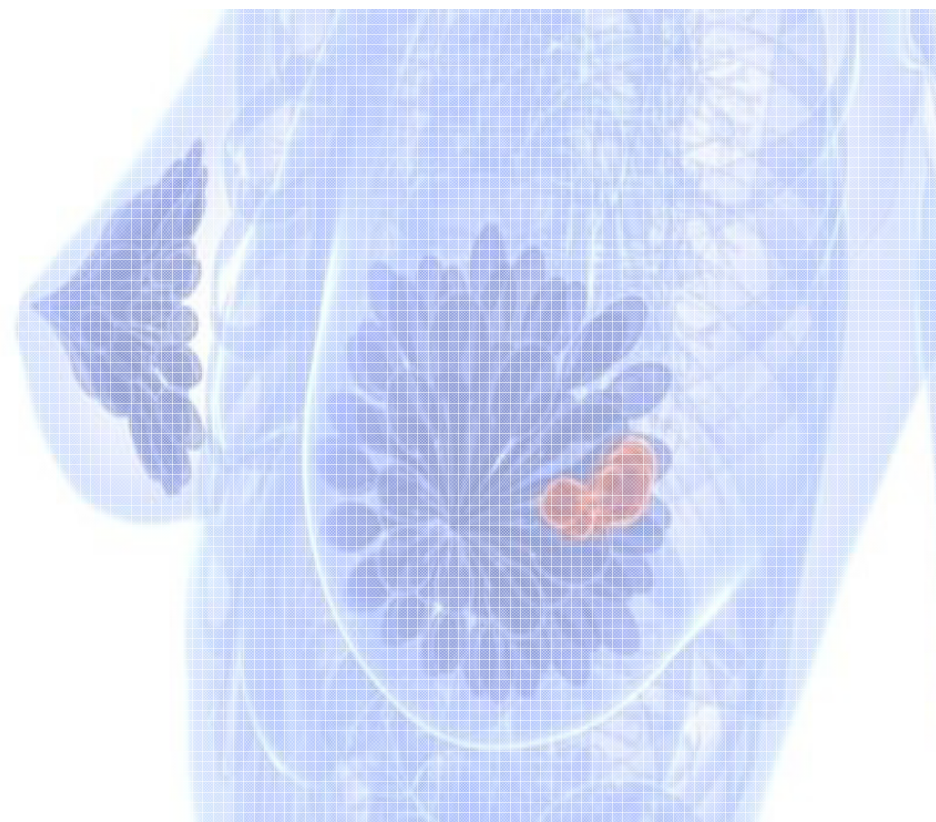
## Effect of PGx guided therapy



# Breast cancer and Tamoxifen

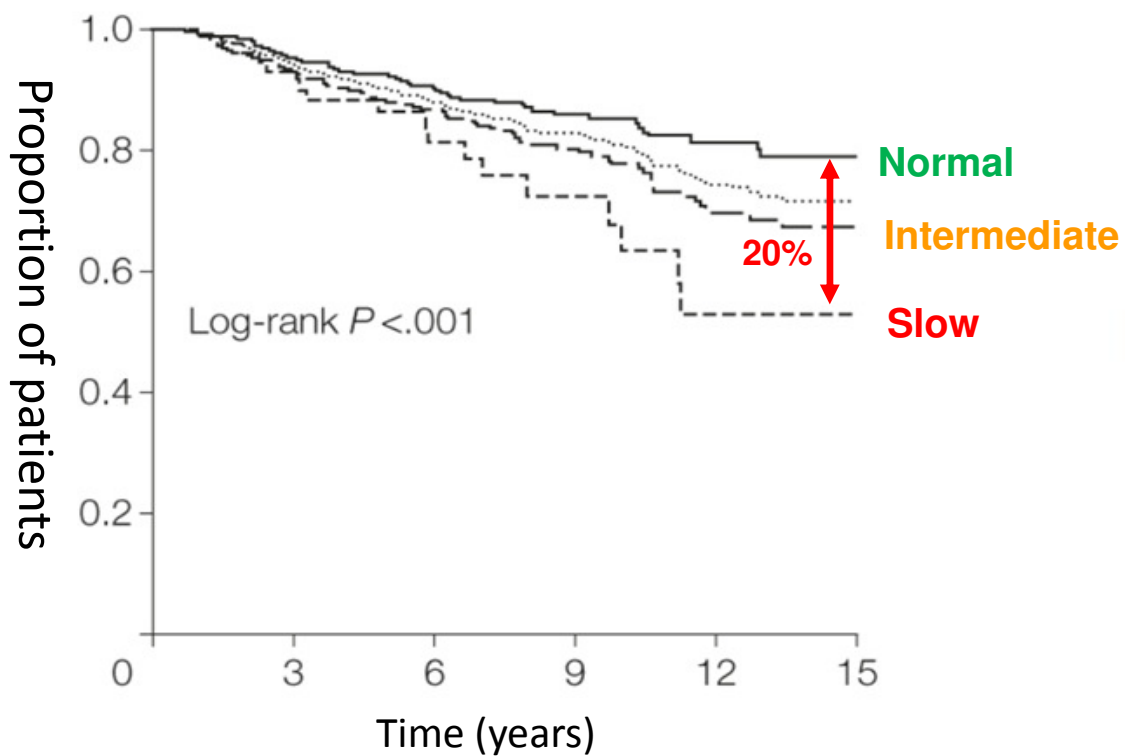


Effective metabolite

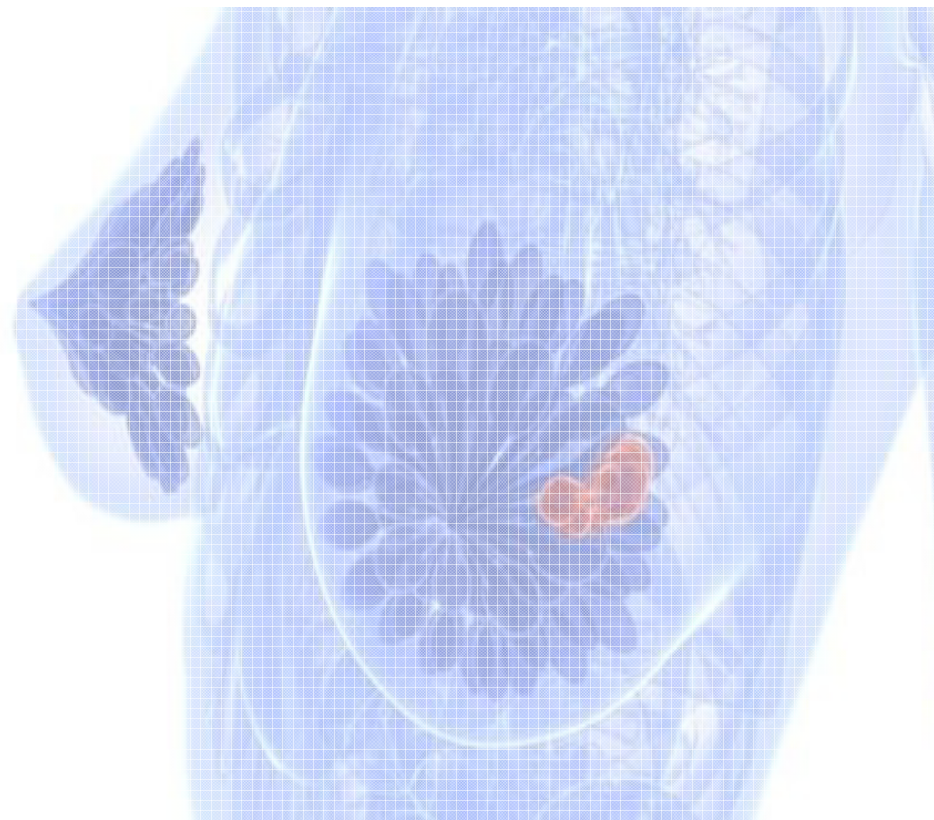


# CYP2D6 and tamoxifen

**A** Disease free period



(Schroth et al 2009 JAMA)



## Published Articles: contradictory results.....

	n	Genotyping	Endpoint	result
Kiyotani et al. Pharmacogen Genom 2010	167	*4, *5, *10, *21, *36, *41	RFS	+
Goetz et al. JCO 2005	190	*4		
Schroth et al. JCO 2007	206	*4, *5, *10, *41		
Lim et al. JCO 2007	21	*10		
Ramon y Cajal et al. Breast Cancer Res Treat 2010	91	*4, *5, *41		
Bijl et al. Breast Cancer Res Treat 2009	85	*4		
<b>Schroth et al. JAMA 2009</b>	<b>1325</b>	<b>*3, *4, *5, *6, *10, *41</b>		
Kiyotani et al. JCO 2010	282	*4, *5, *10, *10-10, *14, *21, *36, *41		
Lammers et al. Br J Cancer 2010	102	*3, *4, *5, *6, *10, *41		
Xu et al. Ann Oncol 2008	152	*10		
Newman et al. Clin Cancer Res 2008	115	*3, *4, *5, *41		
Stingl et al. Curr Med Res Opin 2010	496	*4		
Leyland-Jones et al. San Antonio 2010 (abstract)	1243	*4	DFS	-
Rae et al. San Antonio 2010 (abstract)	588	*3, *4, *6, *10, *41	RR	-
Dezentje et al. JCO 2010	747	?	DFS	-
Nowell et al. Breast Cancer Res Treat 2005	162	*3, *4, *6	PFS	-
Wegman et al. Breast Cancer Res 2005	76	*4	RR	invers
Wegman et al. Breast Cancer Res 2007	677	*4	DFS	invers

### Hardy Weinberg equilibrium

Minor allele frequency: 10%

	Expected	Observed
Wild type	90%	87%
Heterozygote	9%	11%
Homozygote mut	1%	2%

P>0.05

**Rae et al: Not in Hardy Weinberg Equilibrium (p< 10<sup>-91</sup>)**

## POINT/COUNTERPOINT

**CPT Aug 2013**

**CYP2D6 Genotype Should Not Be Used to Determine Endocrine Therapy in Postmenopausal Breast Cancer Patients**

JM Rae<sup>1,2</sup>

Big study, no effect for CYP2D6

**CYP2D6 Genotype and Tamoxifen Activity: Understanding Interstudy Variability in Methodological Quality**

MJ Ratain<sup>1-3</sup>, Y Nakamura<sup>1-4</sup> and NJ Cox<sup>1-3,5</sup>

Plausability, many positive studies, fits with PK endoxifen, study Rae not in HW

Not ready  
for  
clinical  
implementation

Ready  
for  
clinical  
implementation



ACCEPTED ARTICLE PREVIEW

(Preview online Sept 23, 2013)

## Abstract

The International Tamoxifen Pharmacogenomics Consortium (ITPC) was established to address the controversy over *CYP2D6* status and clinical outcomes in tamoxifen therapy. We performed a meta-analysis on data from 4,973 tamoxifen treated patients (twelve globally-distributed sites).

Using strict eligibility requirements (postmenopausal women with estrogen receptor (ER) positive breast cancer receiving 20 mg/day tamoxifen for 5 years, Criterion 1), *CYP2D6* poor metabolizer status was associated with poorer Invasive Disease-Free Survival (IDFS: HR=1.25; 95% CI 1.06, 1.47; P=0.009). ]

# Clonidogrel needs activation by CYP2C19

N ENGL J MED 360;4 NEJM.ORG JANUARY 22, 2009

The NEW ENGLAND JOURNAL of MEDICINE

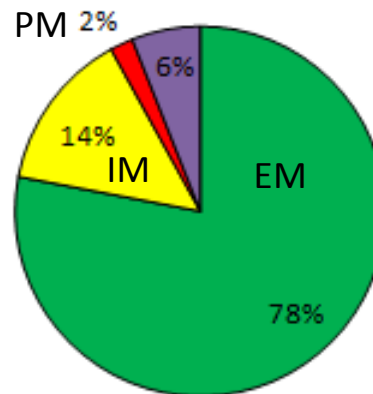
ORIGINAL ARTICLE

## Genetic Determinants of Response to Clonidogrel and Cardiovascular Events

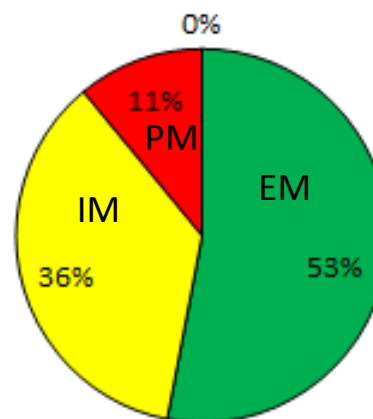
Tabassome Simon, M.D., Ph.D., Céline Verstuyft, Pharm.D., Ph.D., Murielle Mary-Krause, Ph.D., Lina Quteineh, M.D., Elodie Drouet, M.Sc., Nicolas Méneveau, M.D., P. Gabriel Steg, M.D., Ph.D., Jean Ferrières, M.D., Nicolas Danchin, M.D., Ph.D., and Laurent Becquemont, M.D., Ph.D., for the French Registry of Acute ST-Elevation and Non-ST-Elevation Myocardial Infarction (FAST-MI) Investigators

### CONCLUSIONS

Among patients with an acute myocardial infarction who were treated with clonidogrel, those carrying CYP2C19 loss-of-function alleles had a higher rate of cardiovascular events than those who were not. This effect was more pronounced among the patients undergoing percutaneous coronary intervention (gov number, NCT00673036.)



Caucasians



Asians

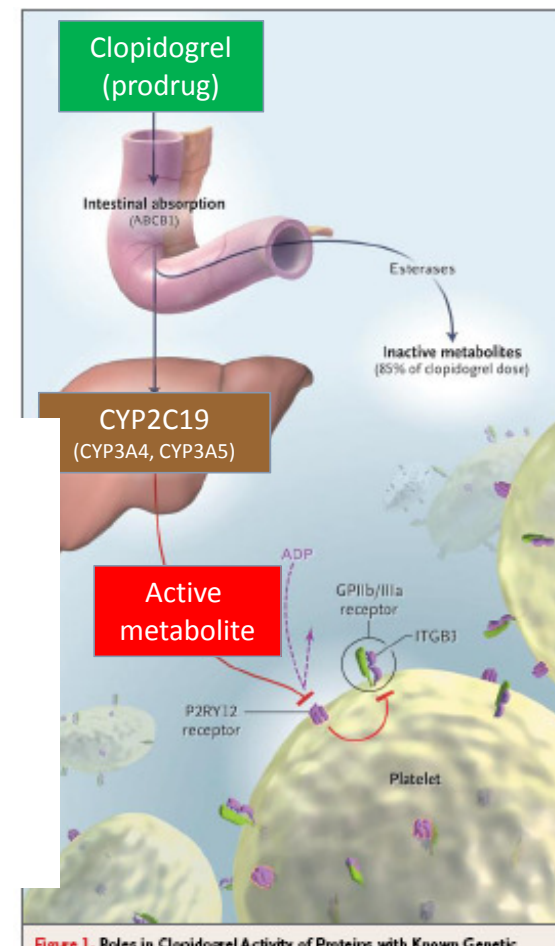
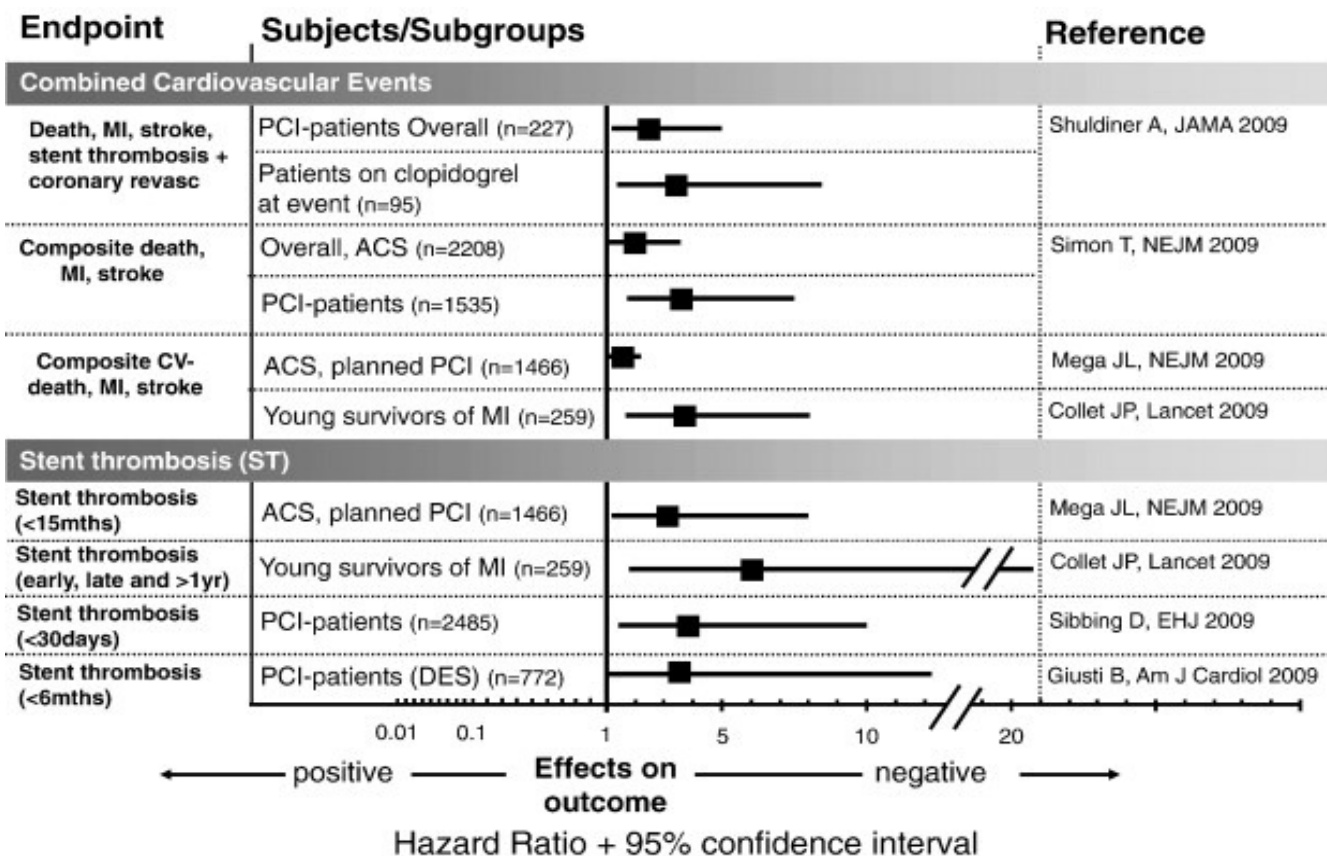


Figure 1. Roles in Clonidogrel Activity of Proteins with Known Genetic



# Meta-analysis (Geisler et al 2011 CPT) CY2C19\*2 carriers are at risk



## Test for CYP2C19 variants:

Negative → clopidogrel (€)

Positive → prasugrel (€€€)

## FDA Boxed Warning on Clopidogrel

Warning: Diminished Effectiveness in Poor Metabolizers

- Effectiveness of clopidogrel depends on activation to an active metabolite by the cytochrome P450 (CYP) system, principally

action.<sup>1,75</sup> At present, genetic testing cannot be recommended in routine clinical practice due to insufficient prospective data. In con-

syndrome (ACS) or percutaneous coronary intervention (PCI) than patients with normal CYP2C19 function

- Tests are available to identify a patient's CYP2C19 genotype and co-

**EMA drug label (3).**

The EMA-drug label contains the following wording:

### Section 4.4: Cytochrome P450 2C19 (CYP2C19)

*"Pharmacogenetics: In patients who are poor CYP2C19 metabolizers, clopidogrel forms less of the active metabolite of clopidogrel and has a*

*Tests are available to identify a patient's CYP2C19 genotype."*



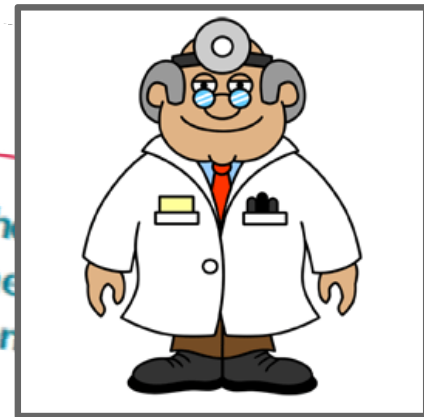
European Heart Journal  
doi:10.1093/eurheartj/ehv320

2015 ESC Guidelines for the management of acute coronary syndromes in patients presenting without persistent ST-segment elevation

Task Force for the Management of Acute Coronary Syndromes Presenting without Persistent ST-segment Elevation  
European Society of Cardiology (ESC)

Authors/Task Force Members: Marco Roffi\* (Chairperson), Carlo Patrono\* (co-Chairperson) (Italy), Jean-Philippe Collet (France), Christian Mueller† (Switzerland), Marco Valgimigli† (Italy), Felicia Andreotti (Italy), Jeroen J. Bax (The Netherlands), Carlos Brotons (Spain), Derek P. Chew (Australia), Barbara Lindahl (Sweden), Gerd Hasenfuss (Germany), Keld Kjeldsen (Denmark), Peter Lind (Sweden), Ulf Landmesser (Germany), Julinda Mehilli (Germany), Robert F. Storey (UK), and Stephan Windecker (Switzerland)

Document Reviewers: Helmut Baumgartner (CPG Review Coordinator) (Germany), Christian Mueller (Switzerland), Stephan Achenbach (Germany), Stefan Agewall (Norway), Colin Baigent (UK), Hector Bueno (Spain), Raffaele Bugiardni (Italy), Scipione Di Mario (Italy), Thomas Cuisset (France), Cetin Erol (Turkey), Donna Fitzalmona (Ireland), Christian Heerdt (Germany), David Hildick-Smith (UK), Kurt Huber (Austria), Stefan James (Sweden), Basil S. Lewis (Israel), Gregory Y. H. Lip (UK), and

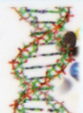


# DNA passport for Drug Therapy

Erasmus MC  
Universitair Medisch Centrum Rotterdam

Nederlands Expertisecentrum Farmacogenetica  
Afd. Klinische Chemie  
Erasmus MC Rotterdam

## Farmacogenetica Profiel



Bij een afwijkend  
aangepaste dosering  
uw arts of apotheker  
KNMP-Kennisbank

Naam: Test Erasmus MC/RvS  
BSN: 12345678

Geb. datum: 01/01/1980  
Uitgifte kaart: 14/07/2014

Gen:	Uitslag:	Metabolisme	Prev.: <sup>1</sup>	Getest op:
CYP1A2	*1/*1	Normaal	45%	*1C, *1F, *1K
CYP2B6	*4/*6	Intermediair	25%	*4, 5, 6, 7, 8, 9, 13, 16, 18
CYP2C9	*1/*2	Intermediair	17%	*2, 3
CYP2C19	*1/*1	Normaal	80%	*2, 3, 17
CYP2D6	*1/*2xN	Ultrasnel	3%	25 varianten (AmpliChip)
CYP3A4	*1/*1	Normaal	80%	*1B, 1G, 3-6, 10, 12, 17, 18, 20, 22
CYP3A5	*3/*3	Nonexpressor	80%	*3, *6
BChE	U/S	Normaal	99%	A, K, F1, F2, H, J, Sc, Silent
DPYD	*1/*2A	Intermediair	2%	*2A
HLA-B*5701	NEG	Normaal	96%	
TPMT	*1/*1	Normaal	89%	*2, 3A, 3B, 3C
VKORC1	AA	Gevoelig	20%	-1639G>A

<sup>1</sup> In blanke bevolking. Kan afwijken bij andere etniciteiten



- UM
- [IMIPRAMINE CYP2D6 PM-IM-UM](#)
- KINIDINE CYP2D6 PM-IM-UM
- METHYLFENIDAAT CYP2D6 PM-IM-UM
- METOPROLOL CYP2D6 IM-PM-UM
- MIRTAZAPINE CYP2D6 PM-IM-UM
- NORTRIPTYLINE CYP2D6 IM-PM-UM
- OLANZAPINE CYP2D6 IM-PM-UM
- OXYCODON CYP2D6 PM-IM-UM
- PAROXETINE CYP2D6 IM-PM-UM
- PIMOZIDE CYP2D6 PM-IM-UM
- PROPAFENON CYP2D6 PM-IM-UM
- QUETIAPINE CYP2D6 PM-IM-UM
- RISPERIDON CYP2D6 UM-IM-PM

- CYP2D6 PM
- Apothekertekst
- Balletekst
- Voorschrijvtekst
- Ziekenhuistekst
- Achtergrondinformatie
- Literatuur
- Geneesmiddelen
- CYP2D6 IM
- Apothekertekst
- Balletekst
- Voorschrijvtekst
- Ziekenhuistekst
- Achtergrondinformatie
- Literatuur
- Geneesmiddelen

## CYP2D6 PM

### Apothekertekst

Het genetisch polymorfisme leidt tot een verlaagde metabole capaciteit van CYP2D6 waardoor de plasmaconcentraties van **imipramine** en de actieve metaboliet kunnen stijgen.

### Advies:

1. verlaag de dosering tot 30% van de normale dosering en monitor de plasmaconcentraties van **imipramine** en desipramine voor het instellen van de onderhoudsdosering

### Balletekst

De omzetting van **imipramine** door het enzym CYP2D6 is verlaagd als gevolg van een genetische variatie.

Overleg met de apotheker.

1. verlaag de dosering tot 30% van de normale dosering en monitor de plasmaconcentraties van **imipramine** en desipramine voor het instellen van de onderhoudsdosering

